**Younger Child’s Morning Routine**

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| --- | --- |
|  | 1. **Wake up and Go potty by 7:00 am** |
|  | 1. **Make bed** |
|  | 1. **Get dressed & put dirty pjs in the hamper** |
|  | 1. **Brush hair** |
|  | 1. **Eat breakfast & put dirty dishes in the sink** |
|  | 1. **Brush teeth** |
|  | 1. **Put lunchbox in backpack** |
|  | 1. **Put on shoes** |
|  | 1. **Leave by 7:50 with mask** |

**Older Child’s Morning Routine**

|  |  |
| --- | --- |
|  | 1. Wake up and Go to the bathroom by 7:00 am |
|  | 1. Make bed |
|  | 1. Shower |
|  | 1. Get dressed & put dirty clothes in the hamper |
|  | 1. Brush hair |
|  | 1. Eat breakfast & put dirty dishes in the sink |
|  | 1. Brush teeth |
|  | 1. Put lunchbox in backpack |
|  | 1. Put on shoes |
|  | 1. Leave by 7:50 with mask |

**Younger Child’s Afternoon & Evening Routine**

|  |  |
| --- | --- |
|  | 1. **Unpack backpack and lunchbox** |
|  | 1. **Do homework and repack backpack** |
|  | 1. **Make lunch** |
|  | 1. **Take a bath/shower** |
|  | 1. **Brush teeth** |
|  | 1. **Read books** |
|  | 1. **Go potty** |
|  | 1. **Go to sleep by 8:15** |

**Older Child’s Afternoon & Evening Routine**

|  |  |
| --- | --- |
|  | 1. **Unpack backpack and lunchbox** |
|  | 1. **Do homework and repack backpack** |
|  | 1. **Make lunch** |
|  | 1. **Brush teeth** |
|  | 1. **Read books** |
|  | 1. **Go to the bathroom** |
|  | 1. **Charge electronics** |
|  | 1. **Go to sleep by 9:00** |